

ECED 307: Health and Fitness

Plan for health and fitness education for students who are culturally, linguistically, and ability diverse using state and national standards. Integrate health and fitness education into daily curriculum. Include various dimensions of wellness such as physical, emotional, and social well-being.

Credits 3

Weekly Contact Hours 3

Meets Degree Requirements For

Restricted Elective

Prerequisites

Admission into the BAS-Teaching Program and minimum 2.0 on all previous 300-level ECED and EDUC courses.