

# Chemical Dependency Studies

The CDS program is designed for those already working with substance use disorders, those aspiring to become Chemical Dependency Professionals, and those who desire this education to enhance other areas of human services such as educators, social workers, school counselors and mental health workers. The CDS program also provides opportunities for professional development studies for practitioners to review and expand their skills.

CDS courses are only for students enrolled in the CDS program, unless otherwise noted. To enroll in the program, complete the CDS program application (available at [wvc.edu/CDS](http://wvc.edu/CDS)) and return it to the CDS program director.

## Chemical Dependency Studies Degrees and Certificates

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- Chemical Dependency Studies
- Chemical Dependency Studies

## Chemical Dependency Studies Classes

### CDS 100: Survey of Addiction Issues

Emphasizes understanding addictions including historical and current implications of addiction as well as the Americans with Disabilities Act and social, cultural, political, and economic contexts of addiction. Introduction to basic pharmacology of alcohol/other drugs, assessment criteria, signs and symptoms of addiction and recovery efforts.

**Credits 5**

**Weekly Contact Hours 5**

**Meets Degree Requirements For**  
Restricted Elective

### CDS 101: Physiological Action of Alcohol and Other Drugs

Introduction to the pharmacological action of drugs in the body including the human body's physical and behavioral response to alcohol and other drugs; current research findings; basic information and terminology essential for working on addiction treatment teams and for communicating with patients and families.

**Credits 5**

**Weekly Contact Hours 5**

**Meets Degree Requirements For**  
Restricted Elective

**Prerequisites**

[CDS 100](#)

### CDS 103: Foundations for Substance Use Disorder Counselor

This course will introduce students to profession of SUD counseling. Focus will be on credentialing process and basic information regarding professional readiness such as the relationship between personal and professional boundaries. Focus will be on the difference between a professional counselor and a peer support person. Introduction to ethical and legal responsibilities of counselors.

**Credits 1**

**Weekly Contact Hours 1**

**Meets Degree Requirements For**  
Restricted Elective

## CDS 106: Substance Use Disorder Case Management

Counselor skills training in screening, evaluation and referral for Substance Use Disorder patients. Focus is on duties of case managers such as service coordination, knowledge of community resources, documentation (including treatment planning, clinical/progress notes, discharge summaries, etc.). Introduction to ASAM assessment/placement, confidentiality and federal, state and agency policies.

**Credits 5**

**Weekly Contact Hours 5**

**Meets Degree Requirements For**  
Restricted Elective

**Prerequisites**

[CDS 100](#) or Instructor Permission

## CDS 110: Cultural Diversity Counseling for Chemical Dependency Studies

Foundational information for the culturally diverse addicted populations including those with disabilities, as well as racial, ethnic, gender and sexual diversity and its implication for treatment. Looks at the effects of fear, prejudice and discrimination experienced by substance use disorder clients.

**Credits 4**

**Weekly Contact Hours 4**

**Meets Degree Requirements For**  
Restricted Elective

**Prerequisites**

[CDS 100](#)

## CDS 140: Relapse Prevention for Substance Use Disorders

This course will focus on defining the relapse process, recognizing individual cues that can lead to relapse as well as devising plans for preventing relapse. Topics include understanding Post-Acute Withdrawal and its role in relapse and relapse prevention.

**Credits 2**

**Weekly Contact Hours 2**

**Meets Degree Requirements For**  
Restricted Elective

**Prerequisites**

Instructor Permission

## CDS 150: Adolescent SUD Assessment & Treatment

Focuses on the needs of adolescent assessment and treatment. Emphasis on developmental, cognitive, and physiological issues that are complicated by an adolescent's use of alcohol or other drugs. Includes using American Society of Addiction Medicine (ASAM) criteria for the assessment and placement of adolescents in Substance Use Disorder (SUD) treatment.

**Credits 3**

**Weekly Contact Hours 3**

**Meets Degree Requirements For**

Restricted Elective

**Prerequisites**

[CDS 100](#) or Instructor Permission

## CDS 202: Individual Counseling Theory & Techniques for Substance Abuse Disorder

Counseling theories and techniques for individual counseling of those with Substance Use Disorders (SUD) will be covered. Includes information on counseling techniques such as confrontation, feedback, summarizing, active listening and others. May also include information on theories used primarily in SUD treatment such as the Transtheoretical Model, Motivational Interviewing, etc.

**Credits 5**

**Weekly Contact Hours 5**

**Meets Degree Requirements For**

Restricted Elective

**Prerequisites**

[CDS 100](#) or Instructor Permission

## CDS 204: Group Counseling in Substance Use Disorder Treatment

Theoretical foundation of group counseling for Substance Use Disorder treatment. Use of groups in inpatient and outpatient treatment is discussed. Focuses on use of information in groups to foster change and growth, dynamics of group interaction/group composition, goal-setting, managing tasks, roles and normative boundaries, as well as skill practice.

**Credits 4**

**Weekly Contact Hours 4**

**Meets Degree Requirements For**

Restricted Elective

**Prerequisites**

[CDS 100](#)

## CDS 205: Substance Use Disorders and the Family

Focus is on SUD counseling for families, significant others, parents, children, and other family, regarding common issues related to addicted family members. Topics include stages of adaptation, family roles, children of alcoholics as well as models of family therapy including overviews of structural, functional and systems approaches.

**Credits 4**

**Weekly Contact Hours 4**

**Meets Degree Requirements For**

Restricted Elective

**Prerequisites**

[CDS 100](#) or Instructor Permission

## CDS 207: Legal & Ethical Issues in Substance Use Disorder Counseling

This course focuses on legal and ethical issues in the field of Substance Use Disorder (SUD) counseling including legal & professional responsibilities, professional & peer relationships, state and federal rules & regulations including confidentiality and HIPPA regulations, boundaries, and the NADAAC code of ethics.

**Credits 5**

**Weekly Contact Hours 5**  
**Meets Degree Requirements For**  
Restricted Elective  
**Prerequisites**  
[CDS 100](#) or Instructor Permission

## CDS 210: Community Prevention

Focuses on prevention of alcohol/other drug abuse at the community level. Discusses the history of prevention and addiction treatment methods, current research, community education and risk/protective factors, best/promising practices in the field of prevention. Includes information on violence prevention, bullying and cyberbullying related to substance use and violence.

**Credits 3**  
**Weekly Contact Hours 3**  
**Meets Degree Requirements For**  
Restricted Elective

## CDS 215: Advanced Individual Service Planning

An advanced course in diagnosing Substance Use Disorders and developing Individual Service Plans using assessment information to individualize the client's treatment goals. Students will practice prioritizing the patient's needs to be addressed in treatment and develop measurable treatment goals and objectives.

**Credits 5**  
**Weekly Contact Hours 5**  
**Meets Degree Requirements For**  
Restricted Elective  
**Prerequisites**  
[CDS 106](#) and [CDS 207](#)

## CDS 270: Survey & Pharmacology of Addiction

Overview of historical and current views of substance use disorders as well as the body's physical and behavioral response to drugs, including current research and terminology essential for working in the addiction treatment field. Focus on the nature of addictions, causality, progression, assessment, scope, intervention, treatment and prevention.

**Credits 4**  
**Weekly Contact Hours 4**  
**Meets Degree Requirements For**  
Restricted Elective

## CDS 272: Addiction Treatment and Placement

Course covers diagnosis, placement and treatment of substance use disorders. Topics include screening and assessment, use of ASAM placement criteria, treatment planning, documentation and overview of federal and state laws governing the patient in substance use disorder treatment.

**Credits 4**  
**Weekly Contact Hours 4**  
**Meets Degree Requirements For**  
Restricted Elective

## CDS 275: Individual and Group Counseling for Sud

Counseling theory/techniques for individuals, groups, families and adolescents dealing with substance use disorders (SUD). Focus on theoretical treatment models best suited for SUD treatment.

**Credits 4**

**Weekly Contact Hours 4**

**Meets Degree Requirements For**

Restricted Elective

## CDS 278: Law & Ethics for Addictions

Focus on contemporary legal and ethical issues in the field of substance use disorder counseling including professional and peer relationships, boundaries, NADAAC code of ethics, multiple relationships and values in the counseling relationship and laws surrounding counseling including confidentiality and HIPPA regulations.

**Credits 3**

**Weekly Contact Hours 3**

**Meets Degree Requirements For**

Restricted Elective

## CDS 295: Field Experience In Chemical Dependency

Supervised work experience in a chemical dependency treatment agency approved by college faculty.

**Credits 1-5**

**Weekly Contact Hours 25**

**Meets Degree Requirements For**

Restricted Elective