

Nutrition

Nutrition Classes

NUTR& 101: Nutrition

An introduction to human nutrition with emphasis on metabolism, health, and the science of nutrition in the context of human form and function. Current issues in food safety and fad diets will be considered.

Credits 5

Weekly Contact Hours 5

Meets Degree Requirements For
Natural Science

NUTR 105: Nutrition In Healthcare I

Nutrition as it relates to the client's health and well-being, across the lifespan. It is taught in an integrated format with [NURS 101](#).

Credits 1

Weekly Contact Hours 1

Meets Degree Requirements For
Natural Science

Prerequisites

Acceptance to the Nursing Program and concurrent enrollment with the following: [NURS 101](#), [NURS 151](#), PHIL 105, NUTR 105, PSYC 105, PHARM 101

NUTR 106: Nutrition In Healthcare II

Exploration of the relationship between nutrition, health, and well-being, with a focus on the healthcare team member's role in assisting clients to maintain optimal health across the lifespan. Nutritional strategies to support clients experiencing acute/chronic illness will be discussed. Taught in an integrated format with [NURS 102](#).

Credits 2

Weekly Contact Hours 2

Meets Degree Requirements For
Natural Science

Prerequisites

Acceptance to the Nursing Program and concurrent enrollment with the following: [NURS 102](#), [NURS 152](#), NUTR 106, PHARM 102

NUTR 107: Nutrition In Healthcare III

Review of the fundamental principles of nutrition, and discussion of basic nutritional requirements. The healthcare professional's role in the dietary management of alterations in digestive function, and care of the client with acute/chronic illness. Content is integrated with [NURS 103](#).

Credits 1

Weekly Contact Hours 1

Meets Degree Requirements For
Natural Science

Prerequisites

Acceptance to Nursing Program

NUTR 202: Nutrition In Healthcare IV

Focuses on the role of nutrition in the care and management of clients with urgent and/or emergent health problems. Emphasis will be place on the role of nutrition in health restoration. Content is integrated with [NURS 202](#).

Credits 1

Weekly Contact Hours 1

Meets Degree Requirements For

Natural Science

Prerequisites

Acceptance to the Nursing Program and concurrent enrollment with the following: [NURS 202](#), [NURS 252](#), PHIL 202.
NUTR 202, PSYC 203